

HAND WASHING

39% of people do not wash their hands after sneezing, coughing, or after blowing their nose

WOMEN wash their hands significantly more often and longer than men

80% of diseases are transmitted by TOUCH

only 5% of people properly wash their hands after using the toilet

Proper Handwashing Hygiene can reduce deaths by 50%

SOAP WATER are more effective than hand sanitizers at removing certain kinds of germs

Good Handwashing Techniques

- 1.) Wet hands under water.
- 2.) Apply soap + rub palms together to ensure complete coverage.
- 3.) Spread + lather on backs of hands, in between fingers, and finger-tips.
- 4.) Dry thoroughly with a clean towel

*Tip: Rub hands and sing happy birthday x2. in your head

