



Three Rivers Manufacturers' Association

A PROGRAM OF THE THREE RIVERS MANUFACTURERS' ASSOCIATION

TRMA SAFETY TRAINING

FIRST AID, CPR & AED FOR INDUSTRY

Place: Three Rivers Safety Center
1615 W. Jefferson Street
Jefferson Centre, Joliet
(1 block east of Larkin on Jefferson Street)

Time: 7:15 a.m. to 7:30 Registration
7:30 a.m. to 4:00 p.m. Program

Cost: \$99 for TRMA members
\$120 for non-members
(Includes certification card and materials)

Purpose: National Safety Council's authorized instructors teach this class. Upon successful completion of this training, participants will receive certification cards from the National Safety Council. First Aid, AED and CPR certification is valid for 2 years.

Class Size: Maximum 20

LEARNING OBJECTIVES:

- Identify how to recognize and respond to emergency situations
- Know and apply basic precautions to reduce risk of disease transmission
- Learn to care for conscious and unconscious victims
- Discern between life-threatening and non-life threatening medical emergencies
- Provide care for choking persons
- Learn how to give CPR to an adult
- Learn to control bleeding
- Learn to care for injuries such as strains, sprains and fractures
- Learn how to use automated external defibrillators (AED)

Certification Requirements:

- Successfully complete all skills outlined in course
- Pass written exam with a minimum score of 80%