



Three Rivers Manufacturers' Association

A PROGRAM OF THE THREE RIVERS MANUFACTURERS' ASSOCIATION

# TRMA SAFETY TRAINING

## FIRST AID, CPR & AED FOR INDUSTRY

**Place:** Three Rivers Safety Center  
1615 W. Jefferson Street  
Jefferson Centre, Joliet  
(1 block east of Larkin on Jefferson Street)

**Time:** 7:15 a.m. to 7:30 Registration  
7:30 a.m. to 4:00 p.m. Program

**Cost:** \$99 for TRMA members  
\$120 for non-members  
(Includes certification card and materials)

**Purpose:** National Safety Council's authorized instructors teach this class. Upon successful completion of this training, participants will receive certification cards from the National Safety Council. First Aid, AED and CPR certification is valid for 2 years.

**Class Size:** Maximum 20

### LEARNING OBJECTIVES:

- Identify how to recognize and respond to emergency situations
- Know and apply basic precautions to reduce risk of disease transmission
- Learn to care for conscious and unconscious victims
- Discern between life-threatening and non-life threatening medical emergencies
- Provide care for choking persons
- Learn how to give CPR to an adult
- Learn to control bleeding
- Learn to care for injuries such as strains, sprains and fractures
- Learn how to use automated external defibrillators (AED)

### Certification Requirements:

- Successfully complete all skills outlined in course
- Pass written exam with a minimum score of 80%