



# SAFETY DIVISION

Three Rivers Manufacturers' Association  
A PROGRAM OF THE THREE RIVERS MANUFACTURERS' ASSOCIATION

## FALL PROTECTION COMPETENT PERSON TRAINING

**Place:** Three Rivers Safety Center  
1615 W. Jefferson Street, Joliet  
(1 block east of Larkin on Jefferson Street)

**Time:** 7:15 a.m. to 7:30 a.m. Registration  
7:30 a.m. to 4:00 p.m. Program

**Cost:** \$ 285 for TRMA members  
\$ 335 non-members  
(Includes breakfast, lunch and materials)

**Who Should Attend?** Any individual who will be assigned to a job site where fall hazards exist, and those individuals that need to become familiar with OSHA Standards for competent person in fall protection

**Class Size:** The maximum class size is 30

**A completion card will be issued upon completing of this course successfully**

This 8-hour course is designed for personnel who will be responsible for supervision on jobsites where fall hazard exist. Attendees will learn the OSHA competent person requirements for fall protection, fall hazard identification, how to select the proper protective equipment and importance of pre-planning for fall protection.

- Fall Hazards
- General Requirements for Fall Protection
- Use and application of conventional fall protection systems including positioning and personal fall arrest systems (PFAS)
- Guardrail systems and safety net systems
- Covers
- Use and application of specialized fall protection systems, including fall protection plans
- Inspection and maintenance of fall protection systems with hands-on examination of equipment
- Fall drop demonstration by Miller
- Competent person training requirements
- Pre-planning techniques to eliminate fall exposures
- Rescue considerations

**Presented by:**

Chicagoland Construction Safety Council

CANCELLATIONS LESS THAN 48 HOURS IN ADVANCED WILL BE BILLED IN FULL

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